

Dayanand Bal Niketan Sr. Sec. School, Ajmer

International Yoga Week Celebration 2022

15th June – 21st June 2022

Date	Event	Name of Teacher In-charge	Participants	Instructions for participation	Send on whatsapp number
15/06/2022	Essay writing on Yoga for humanity	Ms. Manju Mishra Ms Archana Mishra	Classes VI to XII	Write on A4,size paper 300 words	9785213124 9882703646
16/06/2022	Paper Bags Making – (Theme: Yoga)	Ms Anju Sharma	Classes 3rd to 8th	Must send working and complete picture in school uniform	9460155350
	Slogans Writing (Yog se Nirog);	Mr. Manoj Kumar Ms Suryalata	Classes 9 th to 12 th	Use A4 size sheet	9571422613 9784773619
17/06/2022	Yoga logo making	Mr Vinay Kumar Mishra	Classes 6 th to 8 th	Use A4 size sheet	9414554598
	Clay Molding - Favorite Yoga Pose	Ms Geeta Sharma Mr Sudhir Agarwal	Classes 3rd to 12 th	Use fevicryl shilpkar clay Or paper mache	8000637702 9414667736
18/06/2022	Poster Making (Yog se Nirog);	Mr. Manoj Kumar Ms Suryalata	Classes 6 th to 12 th	Use A4 size sheet	9571422613 9784773619
19/06/2022	Online Yoga Quiz	Ms. Pratiksha Nagar Ms. Bindu Maheshwari	Class 3 rd to 8 th	Online Live Mode	9252131040 7014872781
	Organize events in the disciplines like Sudoku, crossword Puzzles etc	Ms. Mamta Ms Pratiksha Nagar Ms Geeta Mishra	Classes 9 th to 12 th	Solve on given sheets provided by teachers online	8764249974 9252131040 9983472263
20/06/2022	Video of different poses of Yoga, Rhythmic Yoga or pyramids	Ms Bably Rathor Ms. Pramila Vyas	Classes Nursery to 12 th	Maximum time limit 1 minute	9829518302 9460360355

- All events are exclusive for DBN Students.
- Students need to send picture/video of the activities on given whats app numbers with name and class by 2 PM of the same day.
- Submit the activities latest by next day of the event offline in the school office
- For any issues you can contact at phone number of the concerned in-charge.
- Students should join daily online yoga session from 6:15 AM to 7 AM through zoom platform Meeting ID : 8597164751 Passcode : yoga2022